

The ROMIO Study Newsletter

Issue 2, Autumn/Winter 2019



Welcome to our second patient newsletter for ROMIO. We hope you find it interesting and informative.

We have included details of local patient support groups on the back. Please let us know if we have missed any, or if you have any suggestions for future newsletters.

End of recruitment - what next for ROMIO?



The ROMIO study has now closed to the recruitment of new patients, however it is important that we continue to collect information for the study to help make the results as reliable as possible.

We would like to know about long term recovery (up to 3 years) after having an oesophagectomy. To answer this question, we really need your answers to the ROMIO postal and telephone questionnaires.

We are very grateful for your continued support of the ROMIO study.

Patient and Public Involvement

We are planning a workshop with some ROMIO participants to discuss how we may best communicate the findings from ROMIO to our participants and to members of the public.

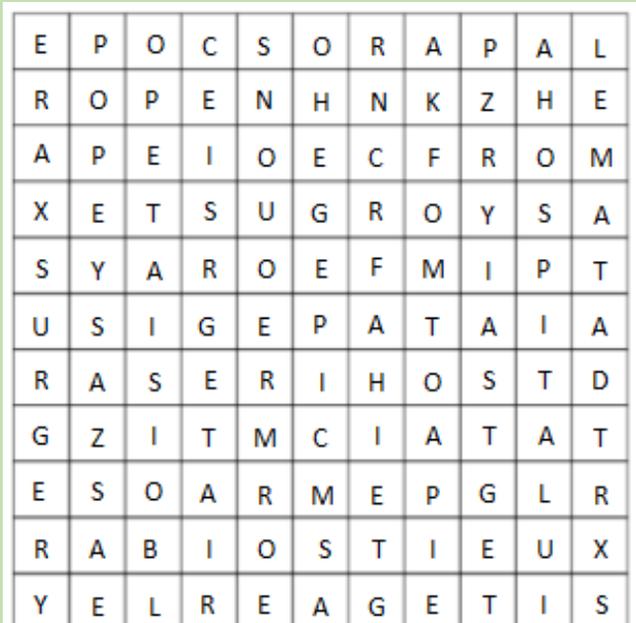
The workshop will be held in Nottingham in January 2020.

We look forward to updating you on what was discussed.



ROMIO word search

1. ROMIO
2. SURGERY
3. OESOPHAGUS
4. LAPAROSCOPE
5. OPEN
6. DATA
7. HOSPITAL



If you have any comments about this newsletter, you can contact the main ROMIO study team using these details:

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The ROMIO Study Newsletter

A day in the life of a ROMIO research nurse

I've been working as a Research Nurse on the ROMIO Study since 2016. I guide our patients through ROMIO so it is important that I have a clear understanding of their journey.

Not all patients can take part in ROMIO so we used the Multidisciplinary Team Meetings to work out which patients were eligible to take part. It is my job to make sure eligible patients received the Participant Information Sheet, which includes full details about the study.

I introduce myself to the patient as soon as possible to offer information and support whilst patients decide whether or not to take part in the study. I would take written consent for patients who agreed to take part.

After consent, both myself and the patient had to complete paperwork. This would include the patient's personal details, test results and the 'yellow' questionnaire booklet. I would also pop in to see the patient daily after their operation. After our patients are discharged home, I catch up with them when they come back to clinic appointments or via a phone call.

It has been my pleasure to have met all the patients, their families and staff at such a delicate and personal time.



Rachel
Research Nurse,
Southampton

Patient Support Groups

Bristol & Bath	Gastro Oesophageal Support & Help Group (GOSH), Bristol	Jackie Elliott: 0117 983 9906
Plymouth	Exeter Support Group (open to all patients in the South West Peninsular)	Brian Kohl: 07745 577225
Southampton	Heartburn Cancer UK (HCUK) Support for People Impacted by Cancer of the Oesophagus and Stomach (SPICOS)	HCUK: 01256338668 SPICOS: SPICOS01@gmail.com / 01794512718
Edinburgh	ICUsteps	Voicemail number: 0300 30 20 121
Leicester	Oesophagus Support Group	Cathy Thompson: 0116 258 5809 Cathy.Thompson@uhl-tr.nhs.uk
Preston	Gullet and Stomach Cancer Support Group (GASSUP)	David Critchley: 01257452384
Salford	Macmillan Upper GI Cancer Support Group	0161 206 5062
Nottingham	Maggie's Nottingham Cancer Support Service	0115 924 6210 (drop-in clinic available)

The Oesophageal Patients Association website details all groups meeting in the UK – www.opa.org.uk // 0121 704 9860